Education Project: ‘Breaking the Silence’

J&B Restaurant Partners recently raised $2,000 in their LI Friendly’s restaurants for a school-based mental illness education project known as “Breaking The Silence: Teaching the Next Generation About Mental Illness” (BTS). “Breaking the Silence” teaching packets include lessons, stories, games and posters that destigmatize mental illness and educate upper elementary, middle and high school students about these serious brain disorders. Information on BTS is available through the National Alliance for the Mentally Ill (NAMI) Queens/Nassau office at 326-0797 or visit www.btslessonplans.org. J&B has also committed to supporting distribution of “Breaking the Silence” to participating schools on Long Island for the 2003/2004 school year.